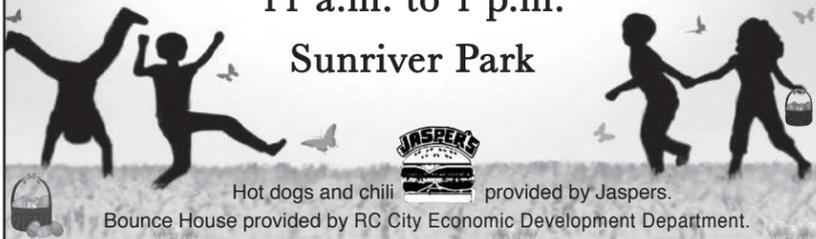


## Spring Fest

Welcome Sunriver Neighbors to our next fun-filled community event. Our annual Spring Fest will feature our traditional Egg Hunt and Bounce House. We'll also be serving up bbq hot dogs and chili, along with potato chips, and drinks. Potluck salads welcome!

**Saturday, April 16th**  
 11 a.m. to 1 p.m.

**Sunriver Park**



Hot dogs and chili provided by Jaspers.  
 Bounce House provided by RC City Economic Development Department.

## Be Proud - Say it Loud!

Show your hometown pride in Rancho Cordova by going online to [www.rd.com/wehearyouamerica](http://www.rd.com/wehearyouamerica) and voting for Rancho Cordova as the most cheered city in America.

You can vote up to ten times each day. The contest ends on May 16, 2011. The most "cheered" cities will have a chance to win one of ten municipal prizes, of which the First Place Prize is \$40,000.

As the Sentinel is going to press we are battling for first place! What are you waiting for? Get voting!!

## And the Password is...

by Rob Towns

There has been a huge increase in hacked e-mail accounts recently. Several times per week, messages get posted to the e-group from members whose e-mail accounts have been hacked.

While Keith, Sandi, and I try to send warnings as soon as we see them, the best solution is to avoid getting hacked in the first place.

Two of the most common ways that people get hacked are both centered around bad password habits: using weak and easily-guessed passwords, and recycling the same password for multiple accounts.

### Weak Passwords

A surprising number of people use obvious passwords such as password, password1, 1234, etc. Hackers always try these first.

Similarly, you should not use your birth date (or that of a family member), maiden name, pet's name, kid's name, etc. This information can be found easily on Facebook, on a Yahoo or Google profile, or with a simple public record search. Hackers know this, too.

*continued on pg. 2*

## Growing the Sunriver e-Group

by Rob Towns

The Sunriver e-group has well over 400 members, and is one of the best ways to keep up with what's happening in the neighborhood.

As the e-group has grown in membership and message volume, the administration has gotten to be more than one person can handle on a continuous basis.

Fortunately, our Sunriver community is rich with talented and helpful people. I'd like to introduce two familiar e-group members, in a new role.

Keith Cunningham and Sandi Kirouac are longtime Sunriver residents and e-group members.

*continued on pg. 2*

## The Garden Path

### Spring Inspirations

by Pam Britton

It's that time of year when we start dreaming about spring flowers, that summer vegetable garden, or just getting out into the yard and the warm sunshine.

Interest in gardening has never been more popular. Even with our busy schedules, we still find the time to grow what we love. In 2010 the National Gardening Association found that 47 million American households identified themselves as hard-core gardeners who grow flowers, vegetables and other plants for the fun of it. So where do you gather information and gardening tips?

*continued on pg. 2*

## Pounds of Pride

by Jessica Ocenosak

Some of you travel over the river coming home from work on Sunrise Blvd. each day, as I do. Well for me, as I pass our Rancho Cordova gateway sign just behind Sunriver, something inside me pounds. "Well now, that there missy is your heart!" you may be saying. But I've come to realize it's my pound of pride. At times it even brings a tear to my eye!

Our City Council recently voted to move forward with proposed new gateway signs for Rancho Cordova. For the past couple of years, I've been volunteering my time to help make this happen. I found passion in the fact that these signs will be representing our community pride. We should be proud to enter our gateway. Every. Single. Day.

So take a look around you. Is there something in or about our city that pounds inside of you? What can you do to make a difference in the growth and pride of OUR City? How about our neighborhood? Our City website is a great place to start: [www.cityofranhocordova.org/](http://www.cityofranhocordova.org/). Or e-mail me directly at [theosathome@msn.com](mailto:theosathome@msn.com) for ideas. And thanks for helping to make this a great place to live, Neighbor.



## Sunriver Neighborhood Meeting

**Sun River Church**  
 Tuesday, April 19th at 7pm

*Special Guests Speakers:*

**Curt Haven, Director of RC City Economic Development**

*"Where's My Trader Joe's and Other City Economic Development Updates"*

**Officer Tyler Neff, RC City Police Department**

*Citizens Safety and Concerns in our Streets*



**Sunriver Neighborhood Patrol**  
 For more information or to join contact:  
**Dana Johnson: 802-9907**  
**Larry Ladd: 852-8188**  
**Kevin Grant: 635-8047**  
 e-mail: [patrol@sunriveronline.org](mailto:patrol@sunriveronline.org)  
 Donations Welcome. Checks payable to: Kevin Grant  
 c/o: SNA, P.O. Box 1436, Rancho Cordova, CA 95741



The Sunriver Sentinel is a publication of the Sunriver Neighborhood Association (SNA)

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SNA - P.O. Box 1436  
 Rancho Cordova, CA 95741  
 Keep up to date with important neighborhood issues; join the SNA today. Membership is FREE for everyone who lives or owns a home in Sunriver. You will have access to the Sunriver e-Group and the Sunriver Online web site.  
 Join today at  
[www.sunriveronline.org](http://www.sunriveronline.org)



## Sunriver Annual Community Yard Sale

**Saturday June 4th  
8 a.m. to 2 p.m.**

What's the best way to have a yard sale? Having your neighborhood participate. Join together, advertise together, sell together and buy together. The SNA will advertise and put out signs for our community wide yard sale event.

## Sunriver Happenings:

### Santa Visits Sunriver

A big thank you goes out to Rancho Cordova Fire Department for kindly escorting Santa around our Sunriver neighborhood once again.

Dear Santa, what can we say, thank you and all your behind the scene helpers for your time and effort, who make it all possible for our children to have an awesome "Santa experience".



Please patronize these businesses that support your Sunriver Neighborhood Association!

### \*FREE Giant Hamburger

\*Buy 1 Giant Hamburger at regular menu price and get the 2nd Free EXPIRES 5-15-11



Jasper's Giant Hamburgers  
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**(916) 638-8238** Monday-Friday 9 to 5

### Growing the Sunriver e-Group

(continued from pg. 1)

They are both very technically capable, and have been informally helping other members with questions, hacked e-mail accounts, and so forth for a long time.

Keith and Sandi have now officially joined the e-group team as 'deputy moderators.' In this capacity, they can help with sign-ups, subscription changes and other issues that require administrative privileges.

I'm remaining as moderator, and I will still be the primary point of contact for the e-group. Our goal is to answer questions and resolve problems more quickly, and with less burden on just one person.

Please join me in welcoming Keith and Sandi to their new roles.

To join the e-group, or to learn more about it, please go to [www.sunriveronline.org](http://www.sunriveronline.org) and click the "Join Sunriver" button.

### Spring Inspirations

(continued from pg. 1)

The Shepherd Garden and Arts Center in McKinley Park is a wonderful place to start. About 40 garden clubs meet there each month at the 53 year old center, which is a hub for local horticultural groups. This is a great place for beginning as well as seasoned gardeners to learn about gardening, or specialties such as Native plants, Camellias, Roses, Orchids, or Bonsais. Whatever your interest is, there just may be a club for you.

Closer to home, we have the Fair Oaks Horticulture Center. There, on Wednesday, April 13, from 11 a.m. - 2 p.m., will be an Open Garden Day event. There will be demonstrations on fruit crop thinning, to produce a healthier and larger fruit. Learn how to prepare your summer vegetable garden, or how to attract beneficial insects or make compost.

So let your love of plants inspire you to turn your dreams into reality. Enjoy!

### And the Password is...

(continued from Pg. 1)

#### Recycled Passwords

Using the same password for several web-sites can be dangerous as well. Suppose hackers steal the user file of some long-forgotten website that you registered for. In many cases they will try to log in to the users' e-mail accounts with the same passwords. More often than not, it works.

If you used the same password for your bank, credit card company, investment company, or other crucial accounts, the consequences could be disastrous.

#### Protecting Yourself

Here are some guidelines for creating better passwords. A good password:

- can't be found in a dictionary.
- contains a mix of upper- and lower-case letters.
- contains characters that are not letters.
- is at least ten characters long.
- can't be guessed easily based on public information.

This website has a good process to create strong passwords:

<http://netforbeginners.about.com/od/antivirusantispypware/tp/5-steps-to-a-strong-password.htm>

Alternately, you can use one of the many password generator sites, such as this one: <http://www.freepasswordgenerator.com/>.

Strong passwords are harder to remember. Consider using a password manager program that will save your passwords in an encrypted file. I use the free LastPass (<http://lastpass.com>), but there are many others. Keepass (<http://keepass.com>) is another free option.

### Money Saving Ideas

by Deanne Sherman

One way that I save money is that I no longer buy spices off the rack. The prices of brand name spices are so out of control, and the generic ones seem to be of lesser quality. Winco has great prices on bulk spices. You can purchase small plastic containers there as well, or save your brand named spice bottles and refill them with bulk spices. Never paying for over-priced brand name spices again - PRICELESS!

Do you have some ideas that can help your neighbors save a little money? Send us your ideas and we'll share them in future Sentinel newsletters. Please drop me an e-mail: [dsherman@sunriveronline.org](mailto:dsherman@sunriveronline.org)



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- ✓ **Sunriver Spring Fest**  
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